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# The lung cancer-associated blood biomarker hPG<sub>80</sub> exhibits a reversible increase in response to smoking in asymptomatic individuals

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## Abstract

The blood biomarker hPG<sub>80</sub> is linked to multiple solid tumors, including lung cancer. This study examined blood hPG<sub>80</sub> levels of asymptomatic individuals and patients with non-small cell lung cancer (NSCLC), categorized by their smoking and chronic obstructive pulmonary disease (COPD) status. Plasma hPG<sub>80</sub> levels were measured across five cohorts of patients, including 396 NSCLC patients, 200 NSCLC cancer-free COPD patients, 369 asymptomatic never smokers, 278 asymptomatic current smokers, and 235 asymptomatic former smokers. Receiver operating characteristic (ROC) curves assessed diagnostic accuracy. In asymptomatic current smokers, hPG<sub>80</sub> levels were significantly higher (6.70 pM (IQR: 5.13–11.29)) than those in gender- and age-matched never smokers (2.50 pM (IQR: 1.70–3.70;  $p < 0.0001$ ). In contrast, gender- and age-matched former smokers showed a return to normal hPG<sub>80</sub> levels (2.29 pM (IQR: 1.61–2.97)). In multivariate analysis, age and smoking status were significantly associated with elevated levels of hPG<sub>80</sub> ( $p$ -values of 0.0319 and  $< 0.0001$ , respectively). Levels of hPG<sub>80</sub> in current smokers were not different from levels found in age-matched patients with NSCLC or COPD (6.60 pM (IQR: 4.36–11.22) and 6.07 pM (IQR: 3.99–11.69), respectively). In NSCLC and COPD patients, hPG<sub>80</sub> levels were independent of the smoking status. When comparing asymptomatic and NSCLC-diagnosed former smokers, the AUC was 0.85 (95% CI: 0.80–0.90,  $p < 0.0001$ ). The AUC was equal to 0.53 (95% CI: 0.45–0.60,  $p = 0.4436$ ) for current smokers. Our findings identify hPG<sub>80</sub> as both a reversible marker of active smoking and a diagnostic biomarker of NSCLC. This dual role supports its potential use in risk stratification and early detection, particularly among non-COPD former smokers.

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## To the Editor

Lung cancer is the leading cause of cancer death (GLOBOCAN 2022) [1], with smoking as the main risk factor for NSCLC [2]. While Low-Dose Computed Tomography (LD-CT) improves early detection, it lacks specificity [3]. Blood biomarkers like CEA, CYFRA21-1, and SCC-Ag are less invasive but have limited sensitivity for early-stage NSCLC detection [4].

hPG<sub>80</sub> (circulating progastrin) is a promising blood biomarker for detection of solid tumors [5]. Activation of oncogenic pathways (APC/β-catenin, Ras) drives secretion of hPG<sub>80</sub> in cancer cells, where it promotes tumorigenic processes including cancer stem cell survival [6]. Previous work has shown elevated hPG<sub>80</sub> in NSCLC [5, 7] but it remains unknown whether tobacco exposure can influence hPG<sub>80</sub> and whether such changes are reversible. hPG<sub>80</sub> levels were also measured in patients with COPD, a common smoking-related condition not considered a confounding factor of tobacco consumption [8].

Plasma hPG<sub>80</sub> was measured in five cohorts: treatment-naïve NSCLC patients ( $n=396$ ), COPD patients without NSCLC ( $n=200$ ), and asymptomatic never ( $n=369$ ), current ( $n=278$ ), and former smokers ( $n=235$ ) (Table S1 and Supplementary methods). Quantification was performed using the DxPG80.lab ELISA [9], with gender- and age-matched comparisons. Multivariate analysis was performed to assess the effects of gender, age, pack-years, and smoking history on hPG<sub>80</sub> variations (Supplementary methods).

## Smoking induces an increase in hPG<sub>80</sub> blood levels in asymptomatic individuals

Active smoking was strongly associated with elevated hPG<sub>80</sub> in asymptomatic individuals: median 6.70 pM (IQR: 5.13–11.29) versus 2.50 pM (IQR: 1.70–3.70) in gender- and age-matched never smokers ( $p<0.0001$ ). Levels correlated to smoking duration and cumulative exposure (Fig. 1A–C and Table S2). In multivariate analysis, smoking status and age were independently associated with higher circulating hPG<sub>80</sub> levels (Table S3 and Fig. S1). Strikingly, former smokers without NSCLC had hPG<sub>80</sub> levels similar to never smokers (median 2.29 pM (IQR: 1.61–2.97)) (Fig. 1A and Table S2). Notably, 82% of former smokers had hPG<sub>80</sub> levels below the limit of quantification (LoQ). hPG<sub>80</sub> levels drop within the first year after quitting smoking (low in 88% of recent quitters), suggesting that the elevation in smokers is reversible (Fig. S2). The effect size (4.41; 95% CI: 3.94–5.45;  $p<0.0001$ ) further supports the robustness of these findings (Table S4A).

## hPG<sub>80</sub> levels in NSCLC and COPD patients

In NSCLC patients, hPG<sub>80</sub> was significantly higher than in age-matched asymptomatic never smokers (6.11 pM

(IQR: 4.11–11.22) versus 3.20 pM (IQR: 2.20–4.80);  $p<0.0001$ ) (Fig. 1D), regardless of the stage or histology (Fig. S3), and independent of the smoking status (Fig. 1E). COPD patients without NSCLC also displayed elevated hPG<sub>80</sub> (6.35 pM (IQR: 4.10–13.31) versus 3.30 pM (IQR: 2.40–5.05) in age-matched asymptomatic never smokers;  $p<0.0001$ ) (Table S2 and Fig. 1F). The hPG<sub>80</sub> increase in COPD patients was independent of disease severity, smoking status, or the presence of NSCLC (Fig. 1F–H).

## hPG<sub>80</sub> levels in NSCLC compared to their respective self-declared cancer free age-matched controls

When NSCLC patients were compared to their respective controls matched for smoking status, the levels of hPG<sub>80</sub> were significantly higher in never and former smokers, but not different from current smokers (Fig. 2A–C and Table S2). Effect size analysis confirms a clear median difference between NSCLC patients and former smokers (4.44; 95% CI: 3.38–5.36;  $p<0.0001$ ) (Table S4B). Diagnostic performance (AUC) was highest in former smokers (0.85 (95% CI=0.80–0.90),  $p<0.0001$ ) and never smokers (0.70 (95% CI=0.59–0.82),  $p=0.0022$ ), but negligible in current smokers (0.53 (95% CI=0.45–0.60),  $p=0.4436$ ) (Fig. 2D–F). For former smokers, ROC analysis identified an optimal cutoff of 4 pM (Youden's index), with 81% sensitivity and 80% specificity.

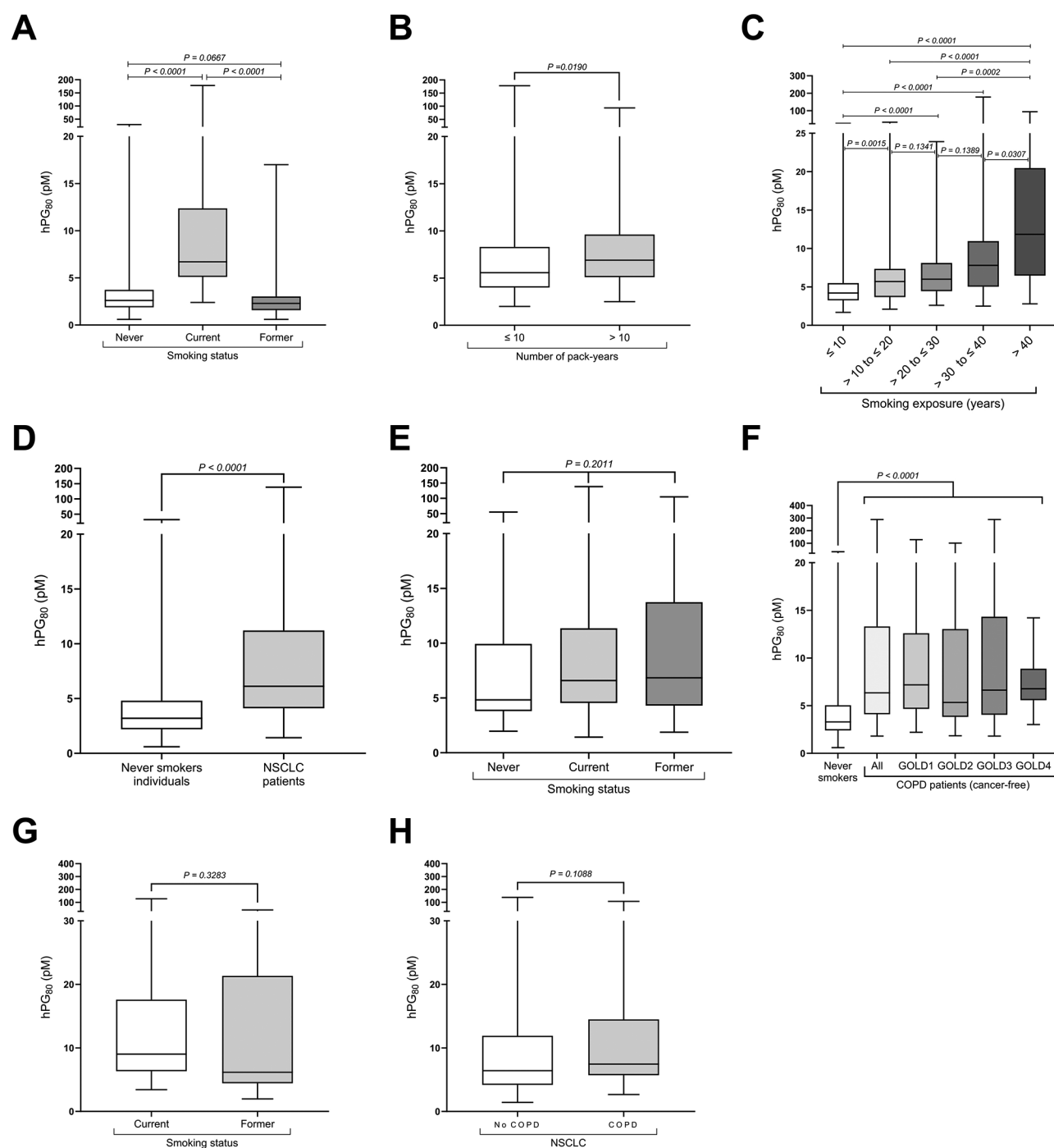
## Discussion

This study shows a strong link between hPG<sub>80</sub> blood levels and smoking, suggesting its potential use as: i) a motivational tool for quitting (due to post-cessation decline), ii) a risk marker in former smokers without COPD (Fig. 2G); and iii) a broad cancer detection biomarker in high-risk groups, given smoking's link to multiple tumor types.

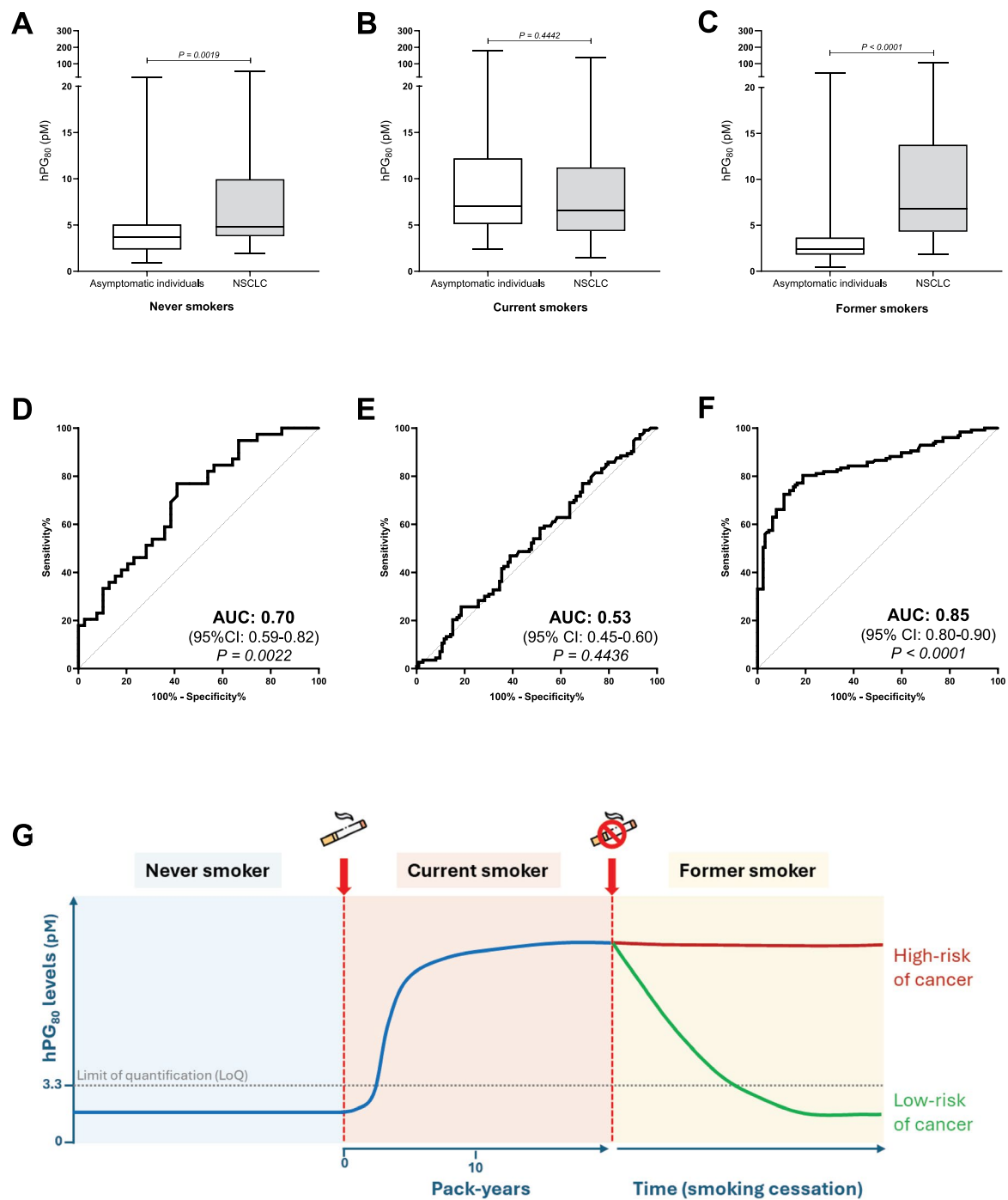
Nicotine can activate the Wnt/β-catenin pathway in bronchial epithelial cells [10]. This may trigger hPG<sub>80</sub> secretion *via* the Wnt/β-catenin pathway, which directly targets its gene promoter. Chronic smoking-related inflammation and pre-neoplastic changes could further drive hPG<sub>80</sub> expression before cancer appears. Given hPG<sub>80</sub>'s role in cancer stem cell survival [11], its elevation may promote field carcinogenesis and contribute to the higher cancer risk in smokers.

This study holds some limitations, including the limited associated clinical data for asymptomatic individuals and the incomplete smoking history of COPD patients. In addition, no comparison with other biomarkers was performed.

In conclusion, our findings support a dual role for hPG<sub>80</sub>: as a biomarker of smoking-related biological risk and as a diagnostic biomarker for lung cancer. Therefore, hPG<sub>80</sub> could become a valuable tool for early NSCLC detection in non-COPD former smokers, who represent



**Fig. 1** Impact of smoking, NSCLC and COPD on hPG<sub>80</sub> levels. **A.** Comparison between gender- and age-matched current smokers, never smokers and former smokers ( $n = 110$ ). **B.** hPG<sub>80</sub> levels in current smokers ( $n = 83$ ) stratified according to the number of pack-years ( $\leq 10$  and  $> 10$ ). **C.** Incidence of the number of years of smoking exposure on hPG<sub>80</sub> levels in current smokers. **D.** Comparison of hPG<sub>80</sub> levels between age-matched never smokers and NSCLC patients ( $n = 289$ ). **E.** hPG<sub>80</sub> levels stratified according to the smoking status: never ( $n = 40$ ), current ( $n = 224$ ) and former ( $n = 127$ ). **F.** Comparison of age-matched never smokers and COPD patients ( $n = 145$ ), stratified according to the gold status (GOLD1,  $n = 40$ ; GOLD2,  $n = 60$ ; GOLD3,  $n = 39$ ; and GOLD4,  $n = 6$ ) or pooled (all stages). **G.** hPG<sub>80</sub> levels in cancer-free COPD patients according to the smoking status: current ( $n = 27$ ) and former ( $n = 18$ ). **H.** hPG<sub>80</sub> levels in NSCLC patients stratified according to the COPD status: no COPD ( $n = 364$ ) and COPD ( $n = 32$ ). Boxes represent the interquartile range, and the horizontal line across each box indicates median values. The statistical differences were evaluated using the Kruskal-Wallis test and the Mann-Whitney  $U$  test



**Fig. 2** hPG<sub>80</sub> in former smokers: strong diagnostic value and potential marker of residual cancer risk. Comparison of hPG<sub>80</sub> levels in NSCLC patients versus their respective age-matched controls, stratified according to the smoking status: **A**. never ( $n = 39$ ), **B**. current ( $n = 113$ ) and **C**. former smokers ( $n = 127$ ). Boxes represent the interquartile range, and the horizontal line across each box indicates median values. The statistical differences were evaluated with the Mann-Whitney  $U$  test. ROC curve analyses corresponding to each comparison: **D**. never, **E**. current and **F**. former smokers. AUC: area under the curve. **G**. Hypothetical link between the hPG<sub>80</sub> levels and risk of cancer in former smokers. hPG<sub>80</sub> levels are low in never smokers, rise with smoking exposure up to 10 pack-years, and may decrease after cessation in some individuals, while persistently elevated levels could indicate a higher risk of cancer

## 18% of the adult population [12], warranting prospective validation in screening programs.

### Abbreviations

AUC	Area under the curve
95% CI	95% Confidence interval
COPD	Chronic obstructive pulmonary disease
IQR	Interquartile range
LD-CT	Low-dose computed tomography
LoQ	Limit of quantification
NSCLC	Non-small cell lung cancer
ROC	Receiver operating characteristic

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s40364-025-00861-4>.

Supplementary Material 1

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### Author contributions

BV, DJ and AP: Conceptualization, Methodology, Investigation, Visualization, Writing -original draft, Writing - review & editing. LP, CV, VH, CHM, JPB, JB, MI, PP and NM: Writing - review & editing. GP: Formal analysis, Writing - review & editing. PH: Conceptualization, Writing -original draft, Writing - review & editing. All authors read and approved the final manuscript.

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### Data availability

No datasets were generated or analysed during the current study.

### Declarations

#### Ethics approval and consent to participate

Not applicable.

#### Consent for publication

Not applicable.

### Competing interests

DJ, AP, NM, PP and BV are employed by Progastrin Manufacturing. All the other coauthors declare no competing interests.

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